

Best Treatment for Loose, Sagging Skin: ReFirme™

STAR Magazine: *Carnie Wilson chooses ReFirme™ Skin Tightening*

How to Fix Sagging Skin after Weight Loss: STAR Magazine February 12, 2007

WEIGHT WATCH: **AFTER WEIGHT LOSS—HOW TO FIX THAT SAGGING SKIN**

First, Carnie Wilson lost the flab — all 150 lbs of it — now she tells *Star* how she's losing all that sag!

NOW
Jan, 2007
183 Lbs.

"Liposuction isn't an option, because I don't have fat under my skin," Carnie tells *Star*. The solution? ReFirme, which is "painless." But it's not cheap — at \$750 per treatment!

NO PAIN, A LOTTA GAIN!
Weight fluctuation actually increases the risk of loose skin, according to fitness expert Dr. Edward Jackowski, so Wilson, 38, opted for FDA-approved ReFirme, a noninvasive

THEN
May, 1999
310 lbs.

After a major weight loss like Carnie's, the skin loses its elasticity, weight expert Dr. Edward Jackowski tells *Star*. In the past, the only way to remove excess skin was through surgery, but that would leave scars, explains Dr. Michelle Copeland, a NYC-based plastic surgeon, who did not treat Carnie.

TALK about a transformation! **Carnie Wilson**, 5'3", lost 150 pounds following a 1999 gastric-bypass surgery, then gained 70 pounds while pregnant with her daughter, Lola Sophia, 2, in 2005. Now, she's lost 55 of those pounds, but tells *Star*, "I've still got skin under my chin that I want to get rid of. And I don't think I need a face-lift — I'm too young!"

NO PAIN, A LOTTA GAIN!
Weight fluctuation actually increases the risk of loose skin, according to fitness expert Dr. Edward Jackowski, so Wilson, 38, opted for FDA-approved ReFirme, a noninvasive procedure in which an electric current (coming from a unit that resembles a sonogram machine) is applied to the loose skin, stimulating and firming the collagen. "The procedure is not scary," Carnie assures *Star*. In fact, Carnie's dermatologist, Newport Beach, Calif.-based Dr. Vince Afsahi, tells *Star* that clients need about five 45-minute treatments, two to four weeks apart on each loose area, to see results. "It consists of a series of what feel like little snaps or pings," he tells *Star*. He keeps his client list confidential, but adds, "Celebrities have been flocking to me!" For more info, call your local dermatologist! — NEIL BLINCOW & MIRELLE ARGAMAN

“ I had a lot of excess skin — I just needed to have it firmed ”
— Carnie Wilson tells *Star*

Star
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The couple hold an emotional ceremony to honor her mother's dying wish.
MUSIC BY WALK & BROTHERHOOD

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See the ReFirme™ Skin Tightening Procedure before & after photos at www.ReFirme.com

Some quotes from "Sagging Skin"

"I had a lot of excess skin - I just needed to have it firmed" - Carnie Wilson

"Liposuction isn't an option, because I don't have any fat under my skin. The solution? [ReFirme](http://www.ReFirme.com), which is painless" - Carnie Wilson

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Edward Jackowski, so Wilson, 38, opted for FDA-approved [ReFirme](http://www.ReFirme.com), a noninvasive procedure in which an electric current (coming from a unit that resembles a sonogram machine) is applied to the loose skin, stimulating and firming the collagen.

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